

## Case story on Chhaupadi

### Case No. 6: Changes in words, but not in practices

The male participants of the child clubs still do not eat food that are touched by their menstruated sisters. Similarly, the women group aloud that the social actors like social mobilizers, government officials, *Jhakris* (in Jumla) who preach about eliminating *Chhaupadi* tradition themselves are following the tradition at home. For this, one of the *Jhakri* from *Chhaupadi* free village said, "In our home also we have not send our women to cowshed these days but we are not letting them to cook and enter the temple." This also can be taken as a big achievement because *Jhakris* are the one who follow this tradition very strictly and the villagers also hear what they say and practice.